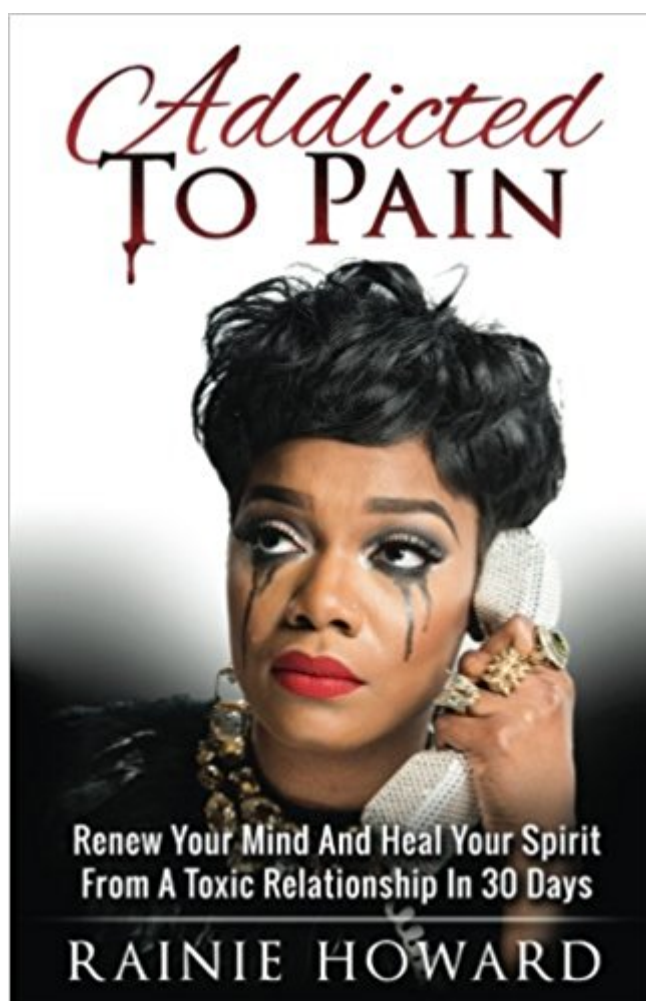


The book was found

Addicted To Pain: Renew Your Mind & Heal Your Spirit From A Toxic Relationship In 30 Days



Synopsis

Addicted To Pain Book Description The obsession of a toxic or abusive relationship can have the same enticement as drugs or alcohol. The pattern echoes time and time again: a new significant other draws you into a new relationship that starts off loving and alluring only to develop into a hurtful or abusive cycle. People who have a healthy understanding of "true love" do not tolerate this kind of pain. He or she will move on in search of a healthier bond. It's an unhealthy view on love that will rationalize the toxic behavior and cling to abusive relationships long after they should have ended. Like any other addiction those hooked on a toxic love and an emotionally abusive relationship; have no control over excessive urges to text, call, manipulate or beg for love, attention and affection. They want help. They want to end the pain and recover, but it's just like trying to shake a drug habit. Ranked one of the top bestseller abusive relationship books, Addicted to Pain reveals the truths every woman needs to heal from a toxic relationship and return to a life rich with purpose and fulfillment. Relationship expert Rainie Howard writes this all-in-one spiritual guide to provide daily insight on toxic love addiction and a healing plan to help you recover from the overwhelming effects of an abusive relationship. Learn how to get over a guy and heal from all abuse including: The verbally abusive relationship Emotionally abusive relationship Spiritual and physical abusive relationship Rainie has authored several books on relationships and is sought after as a conference speaker. If you've been seeking books for women and break up books to help you gain restoration from a separation, abusive relationship or divorce this is the book for you!

Book Information

Paperback: 158 pages

Publisher: CreateSpace Independent Publishing Platform (April 18, 2016)

Language: English

ISBN-10: 1532819684

ISBN-13: 978-1532819681

Product Dimensions: 5.5 x 0.4 x 8.5 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 68 customer reviews

Best Sellers Rank: #46,249 in Books (See Top 100 in Books) #24 in Books > Parenting & Relationships > Family Relationships > Abuse > Partner Abuse #116 in Books > Christian Books & Bibles > Christian Living > Dating & Relationships #156 in Books > Medical Books >

Customer Reviews

Rainie Howard is a wife, mother and mentor. She has authored several books and is sought after as a conference speaker. Rainie offers a free online Love Class to her YouTube subscribers. Rainie and her husband Patrick Howard are the founders of "RealLoveExist", a movement that promotes real love stories and healthy marriages, encouraging others to never give up on love. To learn more about "RealLoveExist" go to www.RealLoveExist.com

This book has really change my life, The was a great bok and open my eyes to so many things. I thank and appreciate the author of this book.. It's a must read and will help you get through a toxic relationship. It will also set you free and heal your broken heart without holding a grudge.

Thank You Mrs. Howard for this awesome book I've learn so much from reading this book although I used to be in a toxic relationship but I ended the relationship for almost 2 years now. Thank GOD.

This book is very informative, relieving, comforting, and the truth. I've experienced so much and this book has helped me get to a healing point. I feel so much better after reading this book. I would advise anyone that is having a hard time getting past an ex to read this book.

What a good read, this book came into my life at the right time. It will help you to take a good look at yourself. Ms. Rainie is truly annointed!

The book was very inspiring. It has taught me a lot about myself and why I seem to attract the same types of men in my life.

I felt that Mrs. Howard was speaking directly to me in many parts of this book! For anyone that has been through a "break-up" or "toxic reltionship" this book will help you "Free Yourself!"

Excellent encouragement for those that are struggling with letting go and repeating the same mistakes! A must read for guarding your heart!

Reading through the book & understanding everything knowing I have been through similar

situations really helped my mind be at ease

[Download to continue reading...](#)

Addicted To Pain: Renew Your Mind & Heal Your Spirit From A Toxic Relationship In 30 Days The 30-Day Faith Detox: Renew Your Mind, Cleanse Your Body, Heal Your Spirit Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) THE COMPLETE CANCER CLEANSE: A Proven Program to Detoxify and Renew Body, Mind, and Spirit Overcome Relationship Repetition Syndrome: Why We Continually Repeat Toxic Relationship Patterns Battlefield of the Mind Bible: Renew Your Mind Through the Power of God's Word Yoga for Pain Relief: Simple Practices to Calm Your Mind and Heal Your Chronic Pain (The New Harbinger Whole-Body Healing Series) Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Astrology: Understanding Zodiac Signs & Horoscopes To Improve Your Relationship Compatibility, Career & More! (Astrology, Zodiac Signs, Horoscopes, Compatibility, ... Spirit, Crystals, Star Signs, Relationship) Your Sexually Addicted Spouse: How Partners Can Cope and Heal Clean Green Drinks: 100+ Cleansing Recipes to Renew & Restore Your Body and Mind Master Your Mind: Achieve Greatness by Powering Your Subconscious Mind [mental power, mind control, thought control] (brain power, subconscious mind power, NLP, Neuro Linguistic Programming) Toxic Relationships: A Step-by-Step Guide With Tactics And Conversation Skills Around Difficult People With Toxic Personalities (Empath Survival, Healing Guide And Social Skills Improve Book 2) Heal Your Pain Now: The Revolutionary Program to Reset Your Brain and Body for a Pain-Free Life The Permanent Pain Cure: The Breakthrough Way to Heal Your Muscle and Joint Pain for Good (PB) (NTC Self-Help) Experiencing the Spirit: Developing a Living Relationship with the Holy Spirit Weed Out The Users The Couch Potatoes And The Losers: Expose And Dump Toxic Men In Your Life (Relationship and Dating Advice for Women Book Book 17) Addicted to His Pain: A Standalone Novel Heal Pelvic Pain: The Proven Stretching, Strengthening, and Nutrition Program for Relieving Pain, Incontinence,& I.B.S, and Other Symptoms Without Surgery (All Other Health) Heal Pelvic Pain: The Proven Stretching, Strengthening, and Nutrition Program for Relieving Pain, Incontinence,& I.B.S, and Other Symptoms Without (All Other Health)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)